

# 5 Money Leaks to Kill This Week

five quiet drains • five fast fixes • keep more without earning more

## LEAK 01 2 MIN FIX

### Forgotten subscriptions

Open your bank statement and find every subscription you haven't used this month. Cancel two of them today. Most people are quietly paying for at least one thing they forgot exists.

## LEAK 02 THE BIG ONE

### Saving whatever's left

There's never anything left. Flip it: save first, on payday, automatically. This single change moves more money than every other tip combined.

## LEAK 03 5 MIN FIX

### One account for everything

If your savings sit in the account you spend from, you'll spend them. Open a separate pot so the money you're saving is out of reach and out of sight.

## LEAK 04 IN THE MOMENT

### Buying on autopilot

For anything that's a want, not a need, wait 24 hours before buying. Most urges quietly pass, and the ones that don't were worth it anyway.

## LEAK 05 ONCE

### No target

A goal with no number is just a wish. Pick one: £1,000. A clear target you can measure against is what turns good intentions into a balance that actually grows.

## // NEXT STEP

Plug these five and you'll feel the difference in a month, on the same income. Ready for the full system? **The First £1,000 System** is in the bio.